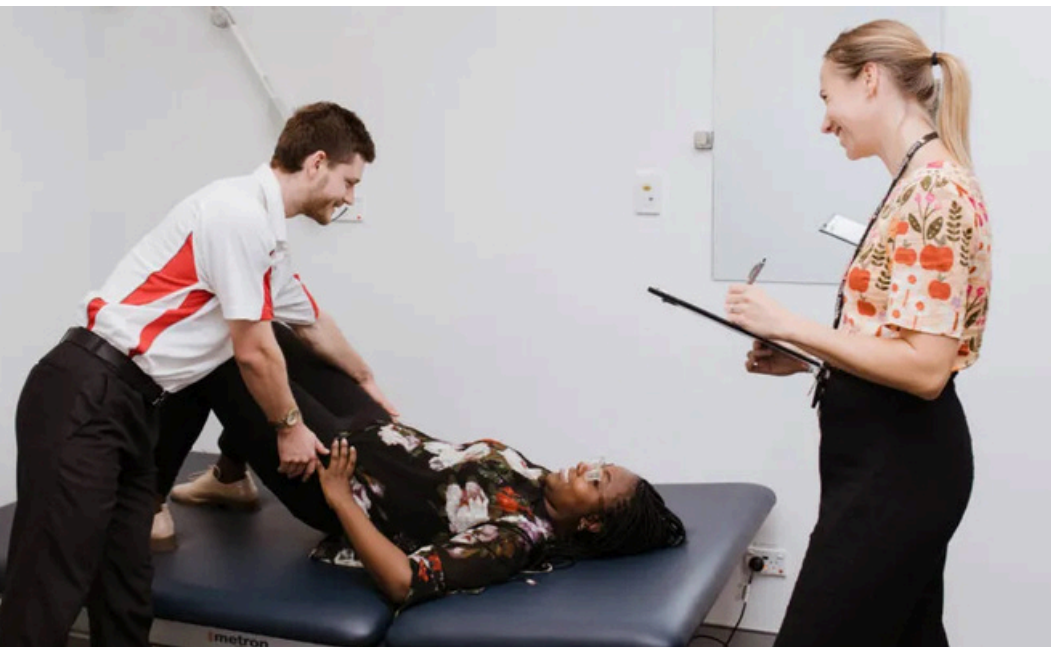


Curtin Clinic Cockburn

FREE student-led clinics



Services available:

Mon	Tues	Wed	Thurs
Dietetics	Dietetics	Speech Pathology	Dietetics
Psychology	Psychology		Speech Pathology
	Speech Pathology		



Curtin University

FREE Dietetic service at CURTIN CLINICS COCKBURN

Student Dietitians from Curtin University (Master of Dietetics) are providing FREE consultations for adults.

What can I expect?

- Individual nutrition assessment
- Personalised nutrition care plan to meet your health needs and goals.
- Review appointments

How do I access the service?

- Clinics will run throughout the year.
- Self-referrals and health professional referrals are accepted.
- Ring or email for further details
- Telehealth available if suitable.

We can help with:

- Healthy Eating
- Vegan or Vegetarian Diets
- Type 2 Diabetes
- Pre-diabetes
- High Blood Pressure
- High Blood Fats
- Weight Management

You can speak to your GP, nurse, or allied health professional regarding a referral to our service, or you can refer yourself.

For further information or to book an appointment:

Email | cockburnclinic@curtin.edu.au

Tel | +61 8 94943751

Opening hours | 8:00am - 4:00pm Monday to Friday
(closed public holidays)

Address | Cockburn Integrated Health
Level 1/11 Wentworth Parade, Success WA



Webpage



FREE Psychology sessions at CURTIN CLINICS COCKBURN

Provisional Psychologists from Curtin University (Master of Professional Psychology students) are providing FREE sessions for adults

What can I expect?

- Individual psychology sessions
- Confidential & professional service
- provided under supervision by
- experienced psychologists
- Inclusive & evidence-based service

How do I access the service?

- Clinics will run from late July to
- November
- Please seek a referral from your GP or
- mental health care provider
- Ring or email for further details
- Telehealth available if suitable

As this is a student led clinic, the referral would need to be identified as low risk. Please seek expert support or see your doctor immediately if experiencing active suicidal ideation, symptoms of psychosis or are at risk of harm, as unfortunately the clinic is not set up to assist in these cases

We can we help with:

- Depression & anxiety
- Relationship difficulties
- Assertiveness training & communication
- Coping with stress
- Workplace/study difficulties & bullying
- Improvement in wellbeing and healthy habit formation
- Adjustment issues & life transitions
- Parenting
- Grief & loss
- Identity formation & challenges related to gender
- Somatic complaints such as chronic pain
- Psychological skill development, such as relaxation and mindfulness training

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Curtin University

FREE Speech Pathology service at CURTIN CLINICS COCKBURN

Student Speech Pathologists from Curtin University are providing FREE consultations for adults.

What can I expect?

Curtin University speech pathology students provide free services to adults in the community. Our clinic aims to meet clients' functional goals to help maintain quality of life and facilitate participation in the community.

How do I access the service?

- Clinics will run throughout the year.
- Self-referrals and health professional referrals are accepted.
- Ring or email for further details
- Telehealth available if appropriate

You can speak to your GP, nurse, or allied health professional regarding a referral to our service, or you can refer yourself.

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Tel | +61 8 94943751

Opening hours | 8:00am - 4:00pm Monday to Friday
(closed public holidays)

Address | Cockburn Integrated Health
Level 1/11 Wentworth Parade, Success WA

We can help with:

- Neurological conditions such as stroke, Parkinson's disease, or Multiple Sclerosis
- Dementia, communication, and memory challenges
- Feeding or swallowing challenges
- Speech issues such as speech rate, intonation and prosody, or volume
- Gender affirming voice and communication therapy



Webpage